

AVAILABLE EVERY DAY

- Sliced fresh fruit
- Selection of fresh salad

LUNCHTIME CO.™

WEEK ONE MENU

WEI
DEC • 8TH JAN • 29TH JAN • 26TH FEB • 19TH MARCH

NUTRITIONALLY PACKED

All our menus are nutritionally analysed to ensure they meet and exceed The School Food Plan.

WE BUY LOCAL

We use local suppliers because we only use food we can trust which is of a high standard, properly produced, fresh and good value.

MEAT FREE 

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
Freshly Baked Bread	Freshly baked wholemeal bread	Freshly baked focaccia	Freshly baked ciabatta bread	Freshly baked sunflower seed bread	Freshly baked garlic & herb bread
Main Choice 1	Quorn pasta bolognese served with grated cheese & spaghetti	Pork sausages with mashed potato and gravy	Jacket potato with beef chilli	Roast chicken with roast potatoes and yorkshire pudding	Fish fingers & chips with tomato ketchup
Main Choice 2	Pasta arrabiata	Vegetarian sausages with mashed potato and gravy	Jacket potato with tuna mayonnaise, baked beans, grated cheese	Vegetarian lasagne served with garlic bread	Courgette, pepper and mozzarella bake
Desserts	Apple sponge pudding with custard Sliced fresh fruit, natural yoghurt, fruit compote, cheese & biscuits	Jelly with fresh cream Sliced fresh fruit, natural yoghurt, fruit compote, cheese & biscuits	Marble cake Sliced fresh fruit, natural yoghurt, fruit compote, cheese & biscuits	Cherry cookies Sliced fresh fruit, natural yoghurt, fruit compote, cheese & biscuits	Sticky toffee pudding with toffee sauce Sliced fresh fruit, natural yoghurt, fruit compote, cheese & biscuits

Our mission is to make your lunchtime meal the highlight of your day

92% of our food is made from fresh ingredients every day • The meat we serve is Red Tractor, Farm Assured British accredited • All of our fish is from sustainable sources • All of our eggs are free range laid by happy chickens • We bake our bread daily in your kitchen

SOME OF OUR FOOD MAY CONTAIN ALLERGENS, PLEASE ASK OUR CHEF FOR ADVICE

