

AVAILABLE EVERY DAY

- Sliced fresh fruit
- Selection of fresh salad

LUNCHTIME CO.
WEEK THREE MENU

 WEEKS COMMENCING: • 30TH APRIL • 21ST MAY
 • 18TH JUNE • 9TH JULY

NUTRITIONALLY PACKED

All our menus are nutritionally analysed to ensure they meet and exceed The School Food Plan.

WE BUY LOCAL

We use local suppliers because we only use food we can trust which is of a high standard, properly produced, fresh and good value.

MEAT FREE


	Monday	Tuesday	Wednesday	Thursday	Friday
Freshly Baked Bread	Home baked bread	Home baked bread	Home baked bread	Home baked bread	Home baked bread
Main Choice 1	Macaroni cheese	Beef burger in a bun served with new potatoes and garden peas	Jacket potato with bolognaise, tuna mayo, beans or grated cheese	Roasted pork & apple sauce served with roast potatoes	Fish fingers with baked beans
Main Choice 2	Creamy vegetable curry with rice	Vegetarian burger in a bun served with new potatoes and garden peas	Jacket potato bar served with baked beans, grated cheese	Vegetable frittata served with new potatoes	Roasted pepper & pasta bake
Desserts	Carrot & orange muffin Sliced fresh fruit, natural yoghurt, cheese & biscuits	Ginger bread cookie Sliced fresh fruit, natural yoghurt, cheese & biscuits	Fruit trifle Sliced fresh fruit, natural yoghurt, cheese & biscuits	Caramel apple betty Sliced fresh fruit, natural yoghurt, cheese & biscuits	Chocolate brownie Sliced fresh fruit, natural yoghurt, cheese & biscuits

Our mission is to make your lunchtime meal the highlight of your day

92% of our food is made from fresh ingredients every day • The meat we serve is Red Tractor, Farm Assured British accredited • All of our fish is from sustainable sources • All of our eggs are free range laid by happy chickens • We bake our bread daily in your kitchen

SOME OF OUR FOOD MAY CONTAIN ALLERGENS, PLEASE ASK OUR CHEF FOR ADVICE