

Headteacher: Mrs R Snape  
Deputy head: Mr L Mawson  
School Business Manager: Mrs S Jelliman

Telephone/Fax: 01223-568836  
Email: [office@spinney.cambs.sch.uk](mailto:office@spinney.cambs.sch.uk)  
Web: [www.spinney.cambs.sch.uk](http://www.spinney.cambs.sch.uk)



Child Centredness, Teamwork and Community, Excellence, Learning,  
Improvement, Responsibility, Optimism

# 'THE SPINNEY STANDARD'

Thursday 18<sup>th</sup> May 2017

Dear Spinney Parents, Children and Carers

## Dates for the Diary



- **Pupil Disco** – Friday 19<sup>th</sup> May
- **Drama Club Performance of "Pint Sized Pete"** – Monday 22<sup>nd</sup> May
- **Year 5 Visit to Fitzwilliam Museum** – Friday 26<sup>th</sup> May
- **Last day of Half Term**– Friday 26<sup>th</sup> May
- **Professional Training Day (School Closed)**– Monday 5<sup>th</sup> June
- **Pupils back to school** - Tuesday 6<sup>th</sup> June



## Headteacher's reflections for the week: The Wheel of Well-Being

During our assembly time over the last few weeks, we have been looking at what we can do to improve our well-being. Research shows us how our health and happiness can be boosted by doing certain things on a regular basis, such as eating well, taking walks in nature, making time for friends and family and even volunteering.

The Wheel of Well-being is a guide to some of these and we have spent time looking at the different segments of the wheel Body, Mind, Spirit, People, Place and Planet.

The Wheel of Well-Being helps us to remember the importance of each of these areas and gives us hints and tips to help improve our moods, reduce the risk of depression, strengthen relationships and keep us healthy. Please take time to talk to your child about each of these important aspects of health and maybe you could adopt some of the strategies at home.

The Wheel of Well-Being is collaboration between the Mental Health Promotion Team at South London and Maudsley NHS Foundation Trust and Uscreates, you can access their website at <https://www.wheelofwellbeing.org/>



## Pupil Disco School Disco

There will be a school disco on Friday 19<sup>th</sup> May in the school hall. The Foundation and KS1 disco will be held 4.30-5.45pm and the KS2 disco will be held 6-7.30pm. This is a drop-off event and costs £3 on the door. The price includes a drink and a packet of crisps for each child. All money raised will be donated back to the school.



### **Pint Sized Pete: Drama Club Performance**

Drama Club are very much looking forward to performing their production of 'Pint Sized Pete' on Monday 22nd May at 4.30p.m.

The performance is still a work in progress so you may see a few scripts flying about and there maybe a few stops and starts!! All of the children in Drama club have worked extremely hard and we have had lots and lots of fun! The play is all about pirates, sea creatures and monsters and all are welcome to attend.



### **The Wind in the Willows, Costume Information for years 3, 4 and 5.**

The Wind in the Willows promises to be a wonderful production. In order to make the play as much fun as possible, we ask that you help your child(ren) to find a costume.

Any kind of costume to represent an animal would be great. Obviously it would be best if your child(ren) were dressed as a woodland animal, but if you have a great costume for a different kind of creature then that is also fine.

Use your imagination! Do bear in mind though that your child(ren) will have to sit down for some time in the costume (and be able to walk up several stairs on to the stage). As a result it would be better if the children did not wear a mask! We need to see who they are - and they need to be able to see the steps up to the stage.



### **Homework via Parentmail**

We would like to remind you that following feedback from parents we will now be sending homework, spelling and times table practice home via parentmail every Friday. Please make sure you check for the e-mails and write out spellings for your child to practice.

We hope that this will significantly reduce the incidences of lost or forgotten work. As an Eco School we have been looking at ways to "reduce reuse and recycle" and we hope this will significantly reduce our use of paper.

### **From The Friends**

#### **Second Hand School Uniform**

This year there are plans to have a second-hand uniform sale at the Summer Fair. Therefore, if you have any logood items (egg book bags, fleeces, polo shirts, t-shirts and jumpers) that you no longer need, and they are clean and in good condition (no stains or holes please) can you please hand them into the school office or to Becky Hawker (Years 2 & 4). We would be grateful if any name labels are removed in advance. Many thanks for your help.

#### **Raffle Prizes**

If anyone is able to donate a raffle prize for this year's summer fair being held on Sunday 2<sup>nd</sup> July please let one of the Friends know or inform the school office. This may be an unwanted gift or if you have your own business, possibly a voucher. Any donations are greatly appreciated. All donations can be left with the school office. Many thanks.



### **Take Everything Home. Friday 26th June**

Tomorrow we will be asking the children to take all their personal belongings home with them, PE Kits, indoor shoes, book bags, extra fleeces, summer hats etc. Unfortunately, we are unable to store property over the half term holiday. Please support your child by providing them with a named carrier bag to help them to get everything home. Many thanks.



**My Cambridge** is a growing partnership of organisations and individuals committed to making sure that all young people feel part of the rich variety of culture in Cambridge. This link will help you to discover all the latest events, news and training opportunities for adults working with young people plus creative activities for children in Cambridge <http://www.cambridgeartsnetwork.com/my-cambridge>



### 52 Stories

### Come and See Science in Action

52 Stories Takes place every week at Cherry Hinton Library on Saturdays from 10.30am – 11.15am. If you would like to become a 52 Stories Reader or become a volunteer to help us please come along to Cherry Hinton Library during one of our sessions and talk to one of the 52 Story Team Members. [www.52stories.co.uk](http://www.52stories.co.uk)  
[www.facebook.com/52stores](http://www.facebook.com/52stores)



### ChYpPS Half Term Activities

ChYpPS have lots of fun sessions happening for children and their families over half term. All the sessions are free and you can just turn up on the day. For more information please visit their Facebook Page <https://www.facebook.com/chypps>

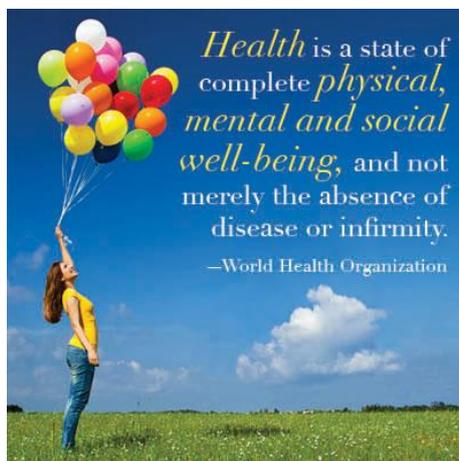
### Family Guide To Cambridge



Family Guide To Cambridge is a resource for families in Cambridge who are looking for one place to go where they can find out about family friendly local events, things to do, classes, groups and places to eat and drink. The information on the site is not just a listings service, but pulls together other useful local information and blogs articles of use to families. <http://familyguideto.co.uk>

### And finally . . .

In thinking about well-being it is useful to refer to the World Health Organization's definition which I hope you will also find helpful:



With very best wishes,

*Rachel Snape*

Rachel Snape  
Head Teacher  
National Leader of Education